



FEELING
STUCK?
IN A FOG?

**BE EMPOWERED! GO EXPLORING!
GET CLARITY!**

- ... ABOUT WHO YOU ARE !
- ... WHERE YOU'RE GOING !
- ... WHO YOU WANT TO BE !

*Through a series of guided activities
and personal exploration time
women can find their authentic self
and the path to living a whole life,
an "integrated" life.*

SIGN UP NOW!

Summer 2009 Retreats

June 12-14 Friday, 3 p.m. - Sunday 11 a.m.

June 15-17 Monday, 3 p.m. - Wednesday 11 a.m.

August 7-9 Friday, 3 p.m. - Sunday 11 a.m.



- Session I - The Present
- Session II - Outrageous Visioning
- Session III - Obstacles and Payoffs
- Session IV - Goal Setting
- Session V - Coming Full Circle



Held at Bishop Booth Conference Center just
minutes from downtown Burlington, VT



The retreat fee is \$320*/person/single occupancy
and \$270/person/double occupancy, and includes meals.

Ask about the special rate for triple occupancy.

**Note there are a limited number of singles available.*

To register: visit, call, or write

www.DemeterResolutions.com

empowerment@demeterresolutions.com



Demeter Resolutions, llc
495 Shelburne Road P. O. Box 1343
Burlington, VT 05402

LIVING YOUR WHOLE LIFE

A Process of Discovery Retreat

Process of Discovery Retreats

*embody the idea that
we know more about ourselves than we tend to recognize
in the din of everyday living.
Process of Discovery Retreats create time and space for
participants to go exploring.*



Photo Images by FreeDigitalPhotos.net